

Kid Zone Hours

Monday – Friday 8:30am –1:00pm and 3:30pm – 8:00 pm
Saturday 8:00am –12:00pm
Sunday Closed

Age Restrictions:

KIDS ZONE is available for children between the ages of 2 months to 12 years. Children 12 years to 15 can work out in the main gym only with parental or personal trainer supervision.

Children 16 years and older can workout in main gym without parental supervision.

Time restrictions: Children are allowed to attend for a maximum of 2 hours per day.

This rule will be strictly enforced. Parents that exceed the two-hour maximum will be paged to pick up children.

Registration: registration forms must be completed for ALL children that routinely visit KIDS ZONE.

Fees:

Family membership:

No charge with Family KIDS ZONE PASS. All children must be named on membership.

General Policies

The following general policies are established for the safety and protection of the children: For complete explanation KIDS ZONE Policy & Procedure see Parent's Handbook.

1. KIDS ZONE is a service available for the children of our members. Every child that attends KIDS ZONE under a Family Membership must be named on the membership.
2. A child's parent or guardian must be on the premises at all times.
3. Parent or guardian must sign child in and out upon each visit. Children will only be allowed to leave the KIDS ZONE with the parent or guardian that signed the child in until other arrangements have been made with staff
4. No outside food may be brought into KIDS ZONE (i.e. Burger, Fries, etc.)
5. Prepared baby bottles and spill proof cups are allowed-MUST be labeled with child's name.
6. Staff asks that breastfeeding parents feed children in the ladies lockerroom.

Diapers will be changed by KIDS ZONE Staff.

1. Parent of Guardian must bring all supplies (i.e. diapers, wipes, creams)
2. If a parent or guardian prefers to change the child's diaper, please notify KZ staff upon dropping child off.
3. Bring older children and potty-trained toddlers to restroom before entering KIDS ZONE.

**No medications will be dispensed by KIDS ZONE staff
NO EXCEPTIONS!**

Please discourage children from bringing toys from home on a routine basis. It is difficult to keep track of these items and KIDS ZONE staff will not be responsible for lost or damaged items. Younger children can bring "security" item if needed (pacifier, blanket, and small toy).

Unsupervised children are never allowed in the KIDS ZONE. A KIDS ZONE staff member must be present for the child's safety. NO one is allowed in the KID ZONE during established closed hours.

Sick Children will not be allowed to stay in the KIDS ZONE. Please do not bring children to the ZONE if they are experiencing any of the following:

1. Fever in the last 24 hours
2. Heavy and/or colored nasal discharge
3. Vomiting
4. A constant or persistent cough
5. An unusual rash and/or itching
6. Diarrhea/upset stomach
7. Excessive crankiness
8. Taking antibiotic for contagious illness
9. Shots or immunization given in the past 48 hours.

Children should be dressed suitable for the daily weather conditions and for activities such as climbing and romping.

Children must have socks to play while in the KZ. Shoes should be comfortable for outside play and easily removed for inside play.

In order to cope with misbehavior, discipline is sometimes necessary. KIDS ZONE staff feels that if we can foster self-esteem in every child very little discipline will be necessary. TIME OUT is the only form of discipline administered at KIDS ZONE. "TIME OUT" means sitting a child in a quiet place for no longer than two minutes so they can calm down. Through patience, kindness, tolerance and consistency, most misbehavior can be controlled.

KIDS ZONE staff strives to create a safe, playful, and fun learning environment for children. Children who are continually disruptive and/or dangerous to others will no longer be welcome in the KIDS ZONE.

FUSION Health & Fitness requires a medical release provided by a physician for children with special needs and/or diagnosed medical conditions requiring special attention or medication.

WELCOME TO KIDS ZONE – IT'S TIME TO PLAY!